Backpacking Equipment List



Food, cook gear and tents are provided by the camp.

Items available for rent will have an * followed by the cost. Please don't hesitate to call one of the leaders if you have any questions about packing.

MAJOR EQUIPMENT

- Well-fitted backpack with a padded hip belt (*\$10)
- Lightweight sleeping bag with a rating of 20 degrees or below (*\$8)
- Sleeping pad (*\$5)
- Rain Gear (Jacket, Pants and Pack Cover)
 (*from \$2 to \$5)

ESSENTIAL CLOTHING

(It is best to stay away from clothing made from cotton)

- Hiking shoes or boots that are comfortable and give good support (preferably not tennis shoes)
- Underwear, socks, and shirt for each night out (non-cotton hiking shirts recommended, tank tops are discouraged due to sun exposure and potential irritation from backpack straps)
- Swimsuit (see Dress Code)
- 1-2 pair of shorts
- 1 pair of long pants: Sweats, insulated wind pants, wool pants, etc. (Jeans are difficult to dry if wet.)
- 1 Long sleeved top (first layer): Flannel shirt, sweatshirt, wool sweater, etc.
- 1 Insulated jacket or fleece (second layer)
- Warm hat that covers the ears
- Sturdy sandals or water shoes with heal strap (necessary for some stream crossing and swimming/wading, NO flip flops)

DRESS CODE

Swimsuits

Modesty is a must. Ladies: Approved swimsuits include a complete one-piece or a two-piece tankini that covers the entire stomach at all times. If you do not have a swimsuit that fits these guidelines, you may wear a dark colored t-shirt and shorts. Guys: Lose fitting swim trunks. Swim trunks must comply to the fingertip rule described under the shorts and pants section.

Shirts

Ladies: Backless shirts, halter-tops, tank tops that are low cut, tight, or that expose the stomach are not to be worn. Straps on tank tops must be at least two fingers in width. Shirts should cover your bra at all times. Guys: Regular T-shirts only.

Shorts & Pants

Shorts should be loose fitting and follow the "fingertip" rule: while standing, place arms by side – the shorts hem must fall below your fingertips. Pants and shorts should not have holes or slits above this fingertip line. Wearing leggings as pants is not acceptable. Please bring appropriate shorts to wear over the top of them. Underwear should never be exposed or clothing so tight the outline is visible.

Inappropriate Content

Clothing should not display inappropriate content including: profanity, drug, alcohol, tobacco, or satanic references. *BSBC reserves the right to require a camper to change their clothing if it is not deemed appropriate for camp.

OTHER ESSENTIALS

- Bible
- Journal/notebook
- Pen/pencil
- Head Lamp or Flashlight with extra batteries
- Toothbrush

- Plastic bowl, spoon, and mug
- Two water bottles or 1 water bottle and water bladder system
- Small sun screen tube
- Sun Glasses

OPTIONAL ITEMS (space and weight limitations apply)

- Camera/extra batteries
- Bandanna
- Blanket (for extra warmth)
- Trekking poles/walking stick
- Pocket knife
- Map
- Compass
- Whistle

- Small lightweight camp chair (i.e. Crazy Creek, REI Flexlite, etc., <u>cleverhiker.com/backpacking-chairs</u>)
- Fishing pole (license required over age 11)
- Large zip lock bags for clothing and gear
- Insect repellant
- Personal Snacks
- Money (to use at camp store)

Big Sky Bible Camp will provide all of the food. Campers are welcome to bring personal snacks that are easy to pack but are not required to. If you have any questions regarding gear, equipment or preparations, please contact one of the backpacking leaders!

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